

VERMILION REGION
Partnership
Dinner



DECEMBER 4, 2014

\$25.00 (GST Included)
 11:30 a.m. - 1:30 p.m.
 Vermilion Regional Centre
 5702 College Drive
 Vermilion, Alberta

Advance Tickets Only at:

- Vermilion Town Hall
- MacDuff Financial Services
- County of Vermilion River Office



Presenter
Barbara May
 "Stumbling Blocks
 in the Workplace"

For more information, contact:

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 Town of Vermilion
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Stumbling Blocks: A Crash Course in Overcoming Challenges, Obstacles and Hurdles at Work

Everyone makes mistakes, everyone stumbles and falls. The question is, do you know to pick yourself up, dust yourself off and get moving again? By talking openly about her struggles and triumphs, Barbara May shows you how to learn from your mistakes, regroup, and then get going again with renewed speed, conviction and confidence.

Goals of the program

The "Stumbling Blocks" program is ideal if you want to:

- improve team building
- motivate and engage employees
- improve communication and performance
- change corporate culture
- handle stress and setbacks
- deal with change
- develop leadership qualities
- re-ignite accountability and empowerment

About Barbara May

Television and workshops

Barbara May has a lot of experience and first-hand information to share about overcoming stumbling blocks at work. She has interviewed business owners on *Learning & Job News*, hosted Access Television's *May We Talk?*, and facilitated more than 400 Career and Employment Workshops.

Diverse work experience

With more than two decades of work experience behind her in fields as diverse as sport and recreation, education, not-for-profit management, entertainment and government, Barbara May brings a uniquely powerful mix of personal stories, humorous examples, and real-world insight to motivate her audiences.

Fun facts most people don't know about Barbara

She's a former national level gymnast, award-winning coach, aspiring drummer and mother of two who joked her way into the Guinness World Records by performing in the longest stand-up comedy show in history.



Barbara May, B. Ed.

Barbara May inspires people to get past their stumbling blocks, *and* gives them the ability to learn from the setback and grow stronger as a result.